

**Beaufort County Health Department
Board of Health**

September 20, 2022 Meeting

☒ Regular Meeting ☐ Special Meeting

1) Call to Order:

The Beaufort County Board of Health (BOH) meeting was called to order at 6:01PM by Chair, Chris Padgett.

Members Present:

- Chris Padgett, OD and Chair
- David Howdy, DDS and Vice-chair
- Robert Belcher, Member-at-large
- Hood Richardson, County Commissioner
- Shelia Slade, RN
- Jessica Triche, MD, Physician
- Angela Biggs, PharmD
- Mark Roy, Engineer
- Joe Hooker, General Public

Members Absent:

- Marty Poffenberger, DVM
- Stewart Ham, Member-at-large

Quorum present - yes

Staff present:

- James Madson, Health Director
- JaNell Octigan, Human Services Planner IV/Preparedness Coordinator
- Sara Graham, Business Officer I
- Stacey Harris, Environmental Health Supervisor
- Tiffany Moore, BCHD Behavioral Health and Substance Misuse Task Force Coordinator

Visitors/Public:

- Chief Deputy Charlie Rose, Beaufort County Sheriff's Office
- Lieutenant Russell Davenport, Beaufort County Sheriff's Office

2) Public Comment:

None

3) Training/Board Education:

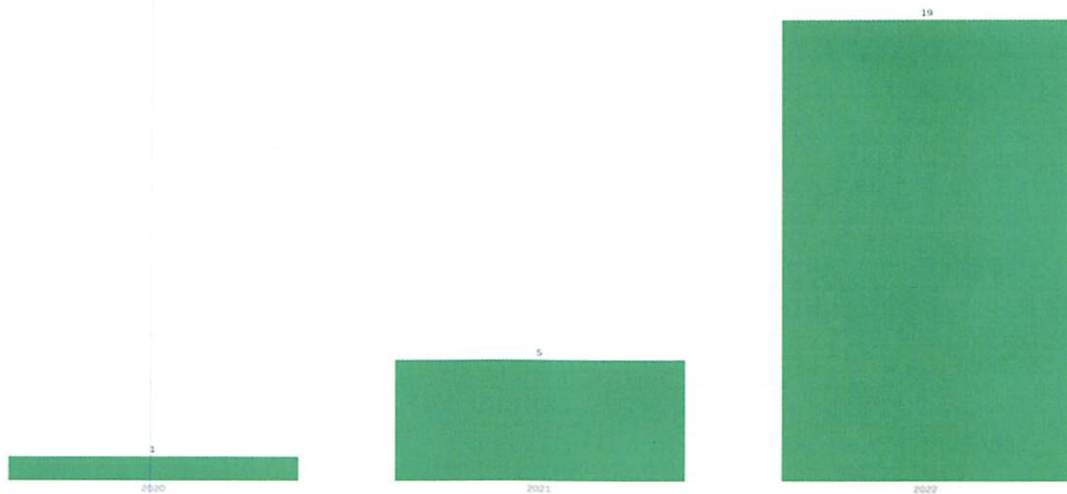
Beaufort County Drug Unit – Beaufort County Sheriff’s Office: Lieutenant Davenport and Chief Deputy Rose spoke to the Board about the current opioid problem in Beaufort County as well as the operations of the narcotics unit. Lieutenant Davenport expressed how dangerous and lethal fentanyl is on the streets and that users do not know what they are getting. The Beaufort County narcotics unit has 400-500 investigations per calendar year. Hood Richardson stated he would be proposing the Board of County Commissioners lobby for harsher penalties for drug dealers. Chief Deputy Rose stated it needs to be a comprehensive approach that included treatment for users and that we cannot enforce our way out of the situation. The Board thanked Lieutenant Davenport and Chief Deputy Rose for the information.

BC360 Presentation (Slides 3-15): Tiffany Moore, BCHD Behavioral Health and Substance Misuse Task Force Coordinator presentation. Tiffany explained the focus areas for the BHTF are mental health and substance abuse in Beaufort County. The BHTF uses several indicators to determine the severity of substance use. Some of those indicators are OD deaths, visits to the emergency department related to overdose, EMS calls, drug related arrests from both the sheriff’s department and Washington Police Department, and local ABC sales.

Tiffany provided the following data for the Board to review:

- Drug Overdose Deaths in Beaufort County (Slide 6)
 - The total number of overdose deaths in 2021 was 16. Since 2019, BC is now seeing an increase in overdose deaths.
- Percent of Opioid Deaths Involving Illicit Opioid in Beaufort County (Slide 8)
 - Illicit drugs are those without a medical purpose – street drugs that are not prescribed by a medical professional, particularly heroin and fentanyl. So again, we are seeing an increase from 2017. And in 2021, BC rates are higher than those of the state. 84.60% of the deaths in BC involved illicit opioids as opposed to 75% for the state of NC. I would like to note the fluctuation in these rates. In 2020, 75% of opioid related deaths were from illicit opioids.
- Drug Overdose ED Visits (Slide 9)
 - Beaufort County drug overdose ED visit rates increased from 2017 to 2021 and Beaufort County is above the state level
- Percentage of Beaufort County Residents that Received Opioid Pills (Slide 10)
 - Percentage has decreased from 24.5% in 2017 to 16.5% in 2021; however, still is above the state average of 4-5%
- Fentanyl ED Overdose Visits in Beaufort County (Slide 11)

ED Overdose Visits (Beaufort County)
Poisoning by, adverse effect of and unders dosing of fentanyl or fentanyl analogs (ICD-10 T40.41)



Tiffany finished the presentation with information on the website and where additional data can be located. Tiffany asked the Board if they had any questions. There were no questions from the Board. Hood Richardson replied that he did not agree with the statement that substance abuse is a mental disease. The Board thanked Tiffany for the data and presentation.

4) Old Business:

Approval of July 19, 2022, meeting minutes:

Chris Padgett asked for a motion to approve the minutes from the July 19, 2022, meeting. Motion made by Angela Biggs to approve the minutes as written David Howdy provided a second to the motion. The motion passed with all in favor, and none opposed.

5) New Business:

Fee Schedule Revision:

Mr. Madson requested Board approval for the following fee revisions with a retroactive date of September 1, 2022:

CPT Code	Description	Current Fee	Proposed Fee
0041A	Novavax 1 st dose Vaccine Administration Fee	\$0	\$20.00
0042A	Novavax 2 nd dose Vaccine Administration Fee	\$0	\$30.00
0124A	Pfizer COVID-19 Booster Vaccine Administration Fee	\$0	\$30.00
0134A	Moderna COVID-19 Booster Vaccine Administration Fee	\$0	\$30.00
90619	MenQuadfi (Meningococcal)	\$0	\$160.00
87593-90	Infectious agent detection by nucleic acid (DNA or RNA); orthopoxvirus (e.g., monkeypox virus, cowpox virus, vaccinia virus), amplified probe technique, each	\$0	\$77.00

Motion made by Jessica Triche to approve the fee revisions. Angela Biggs provided a second to the motion which passed with all in favor.

FY 22 Budget Amendments:

- -\$3,000 Correction on Behavioral Health Community Grant
- -\$15,627 Correction on KBR Behavioral Health Grant Carryover
- -\$2,450 Reduction in BCCCP Funding
- \$225,089 COVID-19 Vaccination Funding
- \$7,844 Infant Mortality Reduction Funding
- \$9,600 Mosquito Supplies County Funding

Hood Richardson asked if the health department had a surplus in any account that could be used for the mosquito supplies. Mr. Madson responded no. A motion was made by Jessica Triche to accept the budget amendments as presented and a second to the motion was provided by David Howdy. The motion passed with all in favor, and none opposed.

6) Strategic Planning:

Mr. Madson updated the Board on the Strategic Plan objective "Partner to bring needed public health dental services to Beaufort County". Mr. Madson stated that the health department facilitated a partnership between Beaufort County Schools and Craven

County Health Department. Craven County Health Department will be bringing their mobile dental unit to provide dental services to Medicaid eligible children on the southside of the county. If this pilot is successful, MTW District Health Department would be interested in providing the same service with their mobile dental unit for the northside. Mr. Madson informed the Board this service is not just exams but will include the corrective dental work needed.

7) Financial Reports:

One financial report for FY23 (as of 08/31/22) was reviewed and discussed with the Board:

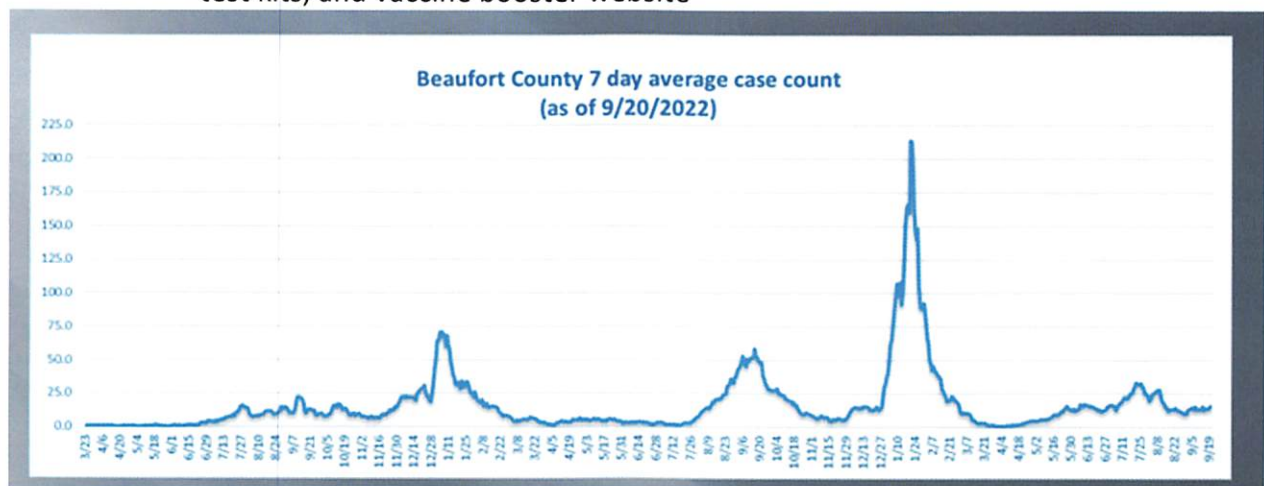
1. Budget \$5,431,895. Expenditures 17.5% to budget (\$953,835.56)

The Board did not have any questions related to the financial report.

8) Health Director's update:

Mr. Madson provided an update for Monkeypox (Slides 23-26) and COVID-19 (Slides 27-31). Information reviewed and discussed included:

- 446 Total cases of Monkeypox in North Carolina as of 9/15/22
- NC Monkeypox cases by date of symptom onset
- Cases by county
- COVID-19: average case counts, virus in wastewater, locations for free at home test kits, and vaccine booster website



9) Closed Session:

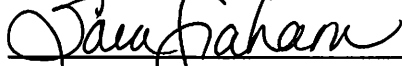
David Howdy made a motion for the Board to go into closed session for the purpose of a personnel issue pursuant to GS 143-318.11 (6). Jessica Triche provided a second to the motion. All were in favor. The Board went to closed session. The retirement of the health director was discussed. No Board action was taken in closed session. David Howdy made the motion to end closed session and resume the Board of Health meeting. Joe Hooker seconded the motion with all in favor.

Dr. Padgett stated he needed a motion to accept the retirement letter from Mr. Madson. Joe Hooker made the motion and Robert Belcher provided a second. All were in favor. Hood Richardson made a motion to open the Health Director position within Beaufort County for 3 weeks. Angela Biggs provided a second with all in favor.

10) Adjournment of meeting:

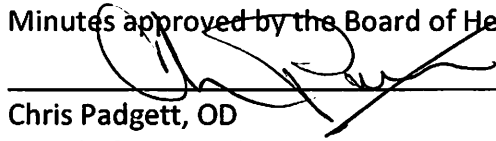
The meeting adjourned at 7:45 PM with Mark Roy motioning for the meeting to be adjourned and Sheila Slade providing the second to the motion. The motion passed with all in favor. The next meeting is scheduled for November 15, 2022 at 6:00pm.

Minutes recorded by:



Sara Graham, Business Officer I
Beaufort County Health Department

Minutes approved by the Board of Health on November 15, 2022:



Chris Padgett, OD
Board of Health Chair

September 20, 2022

**Dr. Chris Padgett and Board of Health Members
Beaufort County Board of Health
1436 Highland Drive
Washington, NC 27889**

Board Members and Health Department Staff,

I am writing to inform you that I will be retiring. My last day with Beaufort County Health Department will be December 30, 2022. This was a difficult decision to reach, and I am grateful for the time I've spent as your Health Director. The Board of Health and the staff have provided me excellent support and guidance during my tenure, and I greatly appreciate your confidence through the years.

Looking back through my nine years as your Health Director, I am proud of the direction the organization has grown in response to health and wellness matters of the county. We have made great strides in addressing diabetes, infant mortality, cancer awareness, teen pregnancies, behavioral health, substance abuse, access to care, and health disparities. I appreciate county leadership, agency partners and community advocates that worked diligently towards healthy outcomes. I believe that the health department navigated the COVID-19 pandemic with exceptional professionalism, determined staff, and clear communication. The health department team consists of truly dedicated individuals that find purpose in helping others. Working here with them has been some of the most rewarding years of my life.

I plan to remain in Eastern North Carolina following my retirement. Many exciting plans await me shortly, including volunteering, fishing, vacations with my wife, and visiting children and grandchildren. I am enthusiastic with the prospect of quality time to spend with my family and the opportunities to pursue a relaxing yet active and healthy lifestyle.

Respectfully,

A handwritten signature in black ink, appearing to read "James A. Madson", with a stylized flourish at the end.

**James A. Madson, RN, MPH
Beaufort County Health Director**

BEAUFORT COUNTY BOARD OF HEALTH

20 September 2022

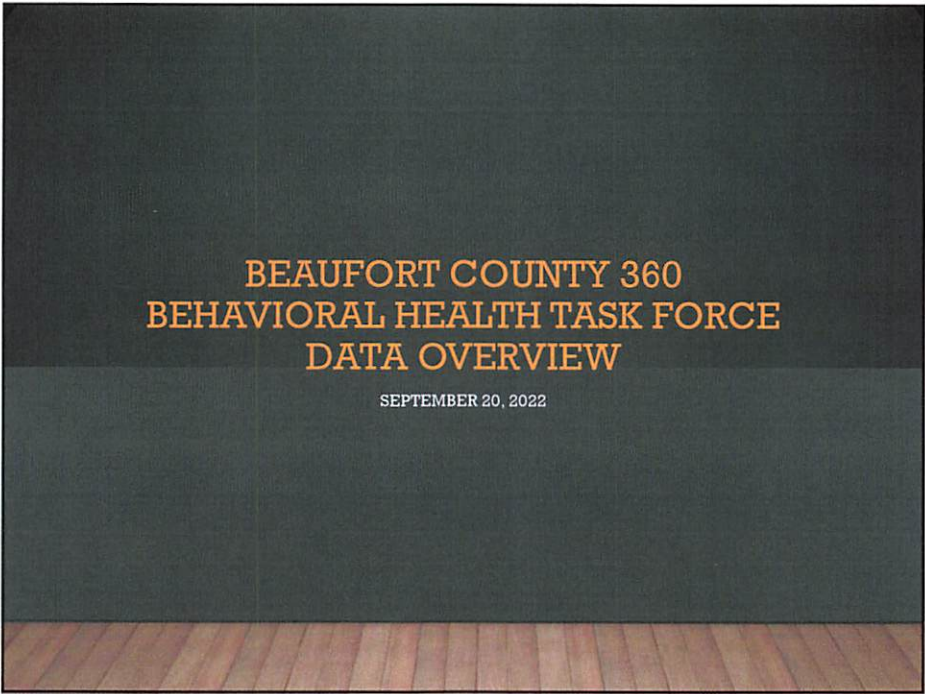
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Agenda

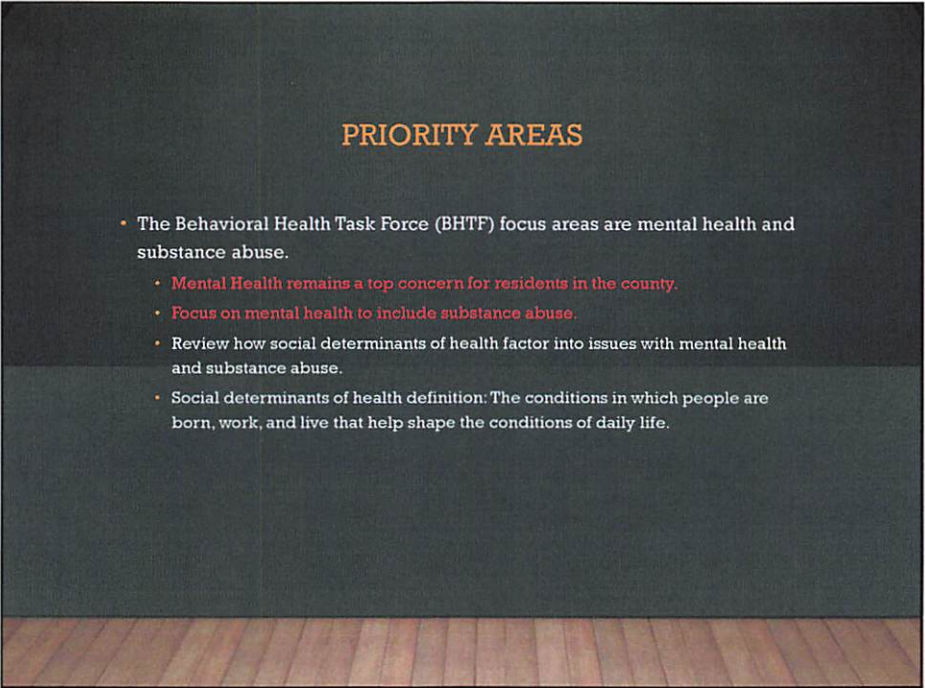


- ❖ Call to Order
- ❖ Public Comment
- ❖ Training/Board Education
- ❖ Old Business
- ❖ New Business
- ❖ Strategic Planning
- ❖ Financial Reports
- ❖ Health Director's update
- ❖ Closed Session for Personnel Discussion

2



3



4

OPIOID EPIDEMIC INDICATORS

Source: <https://ncopioidsettlement.org>

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DRUG OVERDOSE DEATH (PER 100,000 RESIDENTS)

- The total number of overdose deaths in 2021 was 16, or on average 1.25 Beaufort County residents passed away each month due to overdose.
- The death rate decreased from 2017 to 2020 with a recent rebound



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**ALL MED/DRUG DEATHS BY INTENT
AND COUNTY: 2017**

zipcode	Intent	
	Self-Inflicted	Unintentional
27806		2
27810		1
27814		3
27817		4
27821		1
27889		7
28817		1
Total		20

**ALL MED/DRUG DEATHS
DEATHS BY INTENT AND
COUNTY: 2018**

zipcode	Intent		
	Self-Inflicted	Undetermined	Unintentional
27806	.	1.	1 Aurora
27810	.	.	1 Belhaven
27817	1.	.	7 Chocowinity
27889	2.	.	1 Washington
Total	3	1	10

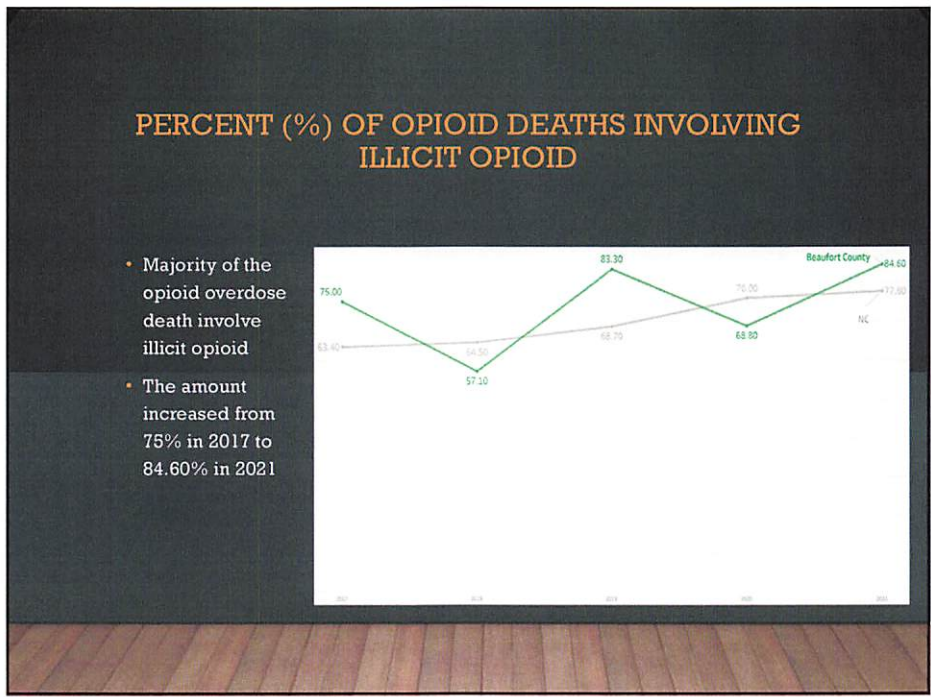
**ALL MED/DRUG DEATHS
BY INTENT AND COUNTY: 2019**

zipcode	Intent	
	Self-Inflicted	Unintentional
27806	.	1
27810	.	1
27814	.	1
27817	.	1
27889		1
27889	2	4
Total	2	10

**ALL MED/DRUG DEATHS BY INTENT
AND COUNTY: 2020**

zipcode	Intent	
	Self-Inflicted	Unintentional
27806		1
27810		1 Aurora
27814		1 Belhaven
27817		1 Blounts Creek
27821		4 Chocowinity
27860		1 Edwards
27865		1 Pantego
27889		1 Pinetown
27889		5 Washington
Total		16

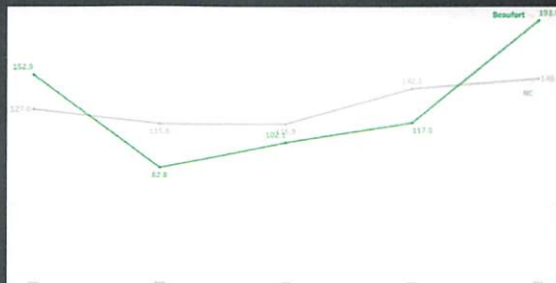
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DRUG OVERDOSE ED VISITS (PER 100,000 RESIDENTS)

- Drug overdose ED visit rates increased from 2017 to 2021
- The year with the lowest rate was 2018 but the rate quickly increased to surpassing the 2017 rate
- Beaufort county rate is above the state level in 2021



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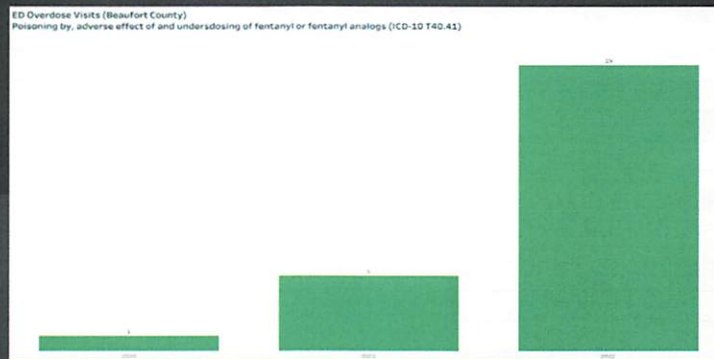
PERCENT (%) OF RESIDENTS RECEIVED OPIOID PILLS

- % of residents received opioid pills decreased from 24.50% in 2017 to 16.50% in 2021
- However, the percentages of Beaufort county have been consistently above the state average for about 4-5%



10

FENTANYL



11

COMMUNITY FACTORS (SOCIAL DETERMINANTS OF HEALTH)

- # of housing & homelessness related 211 calls in BC in 2021 was a rate of 1,072.5 relative to 1,124.2. Total # of calls: 504
- The poverty rate for BC is 18.1%
- The unemployment rates of Beaufort county at the midpoint in 2021 was 3.2%.
- The rate of incarceration in BC in 2021 was 538.4 per 100,000 residents. The state incarceration rate was 253.

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COMMUNITY IN ACTION SURVEY

Ad hoc survey on May 26. n = 22

Have you or someone you know suffered with mental health or SUD

- Yes (7/22)
- No (12/22)
- Unsure (3/22)

Have you or someone you know experienced an overdose

- Yes (10/22)
- No (10/22)
- Unsure (2/22)

What resources do you feel are needed in our community

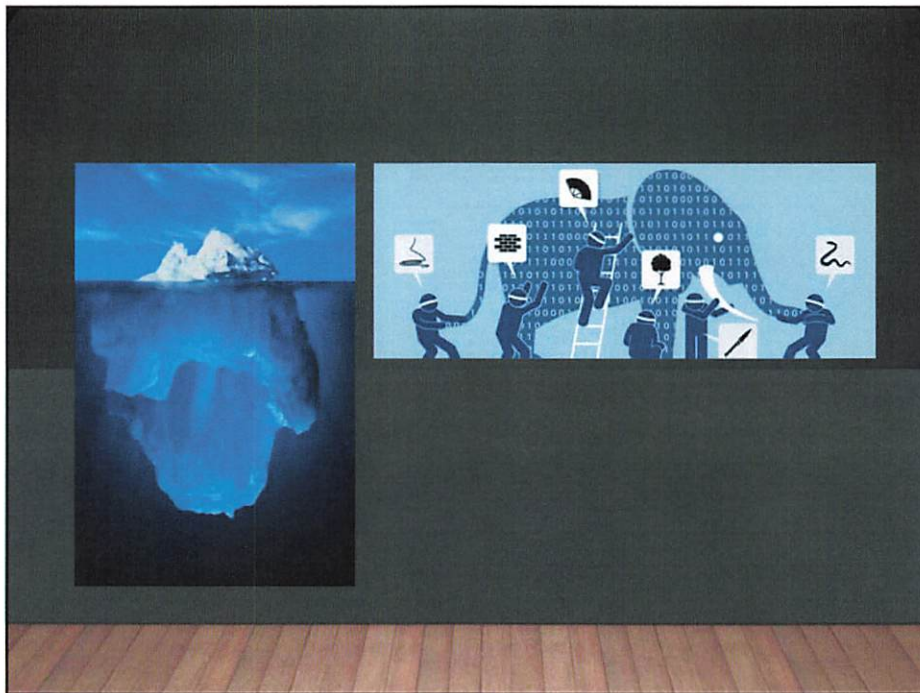
- SUD/BH Support (5/22)
- Peer support – 2
- Health fairs – 3
- Others – 1
- No answer -- 10

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BC DATA 360

- The Behavioral Health Task Force onboarded the Data 360 team in January of 2019 to collect statistical data specific to Beaufort County. The Kate B. Reynolds Charitable Trust provided \$800,000 to support these efforts.
- <http://bcdata360.ecu.edu/>
- Actively working to transition the website from ECU to BC Health Department
- New look coming soon-
- <https://bchd.net/179/Beaufort-County-360>

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15



16

New Business

- ❖ Fee Schedule Revision
- ❖ Budget Amendments

17

Fee Revisions

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Budget Amendments FY 22-23

Budget amendments:

- -\$3,000 Correction on Behavioral Health Community Grant
- -\$15,627 Correction on KBR Behavioral Health Grant Carryover
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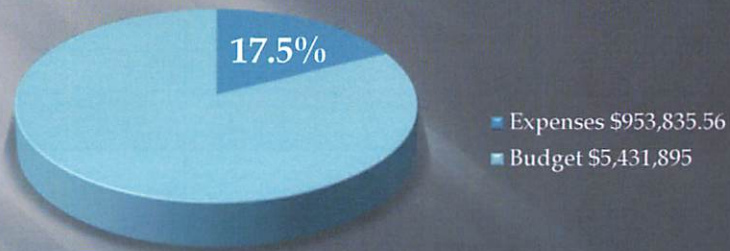


Objective: Partner to bring needed PH dental service to Beaufort County



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FY 2023 Expenditures (as of 08/31/22)



21

Health Director's Update

- ❖ Monkeypox
- ❖ COVID update

22



23



24

Total confirmed monkeypox/orthopoxvirus cases

Global – 62,406

US - 23,893

NC - 446

Daily Monkeypox Cases Reported* and 7 Day Daily Average

US Cases



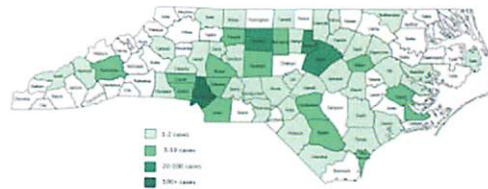
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Monkeypox in North Carolina.

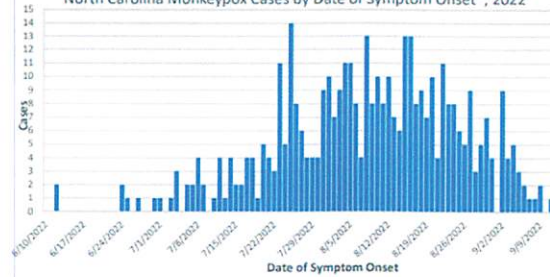
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Total number of cases.

Data as of September 15, 2022

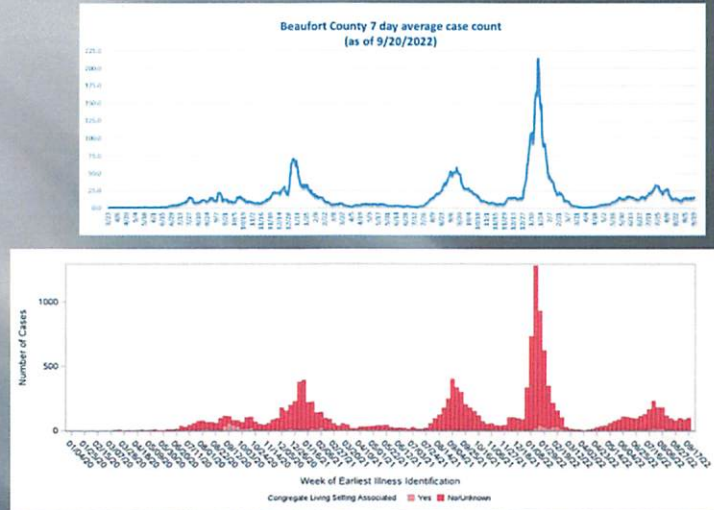


North Carolina Monkeypox Cases by Date of Symptom Onset*, 2022

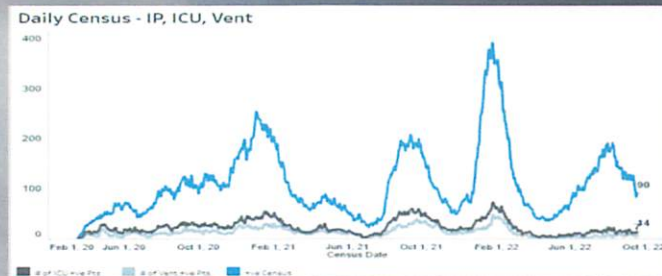


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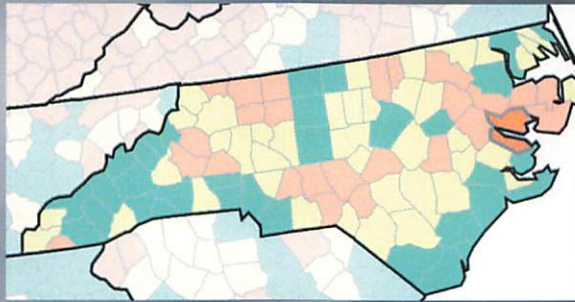
COVID



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Of the 238 sequenced variants collected since Sept 4

- 0 BA.2 (0%)
- 49 BA.4 (20.6%)
- 161 BA.5 (67.6%)
- 11 Omicron BE (4.6%)
- 17 Omicron BF (7.1%)

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**iHealth
COVID-19
Antigen Rapid Test**

**FIND OUT YOUR
COVID-19 STATUS**

*Visit any of the following sites during
the days & times listed below:*

BELHAVEN TOWN HALL
315 East Main Street, Belhaven
8:00AM-4:00PM
Monday - Friday

**BEAUFORT COUNTY
ENVIRONMENTAL HEALTH**
220 N. Market St., Washington
Monday - Friday
8:30AM-4:30PM

CHOCOWINITY FIRE DEPT
512 NC 33, Chocowinity
Monday - Friday
8:00AM-5:00PM

**At Home
Results In**

**FREE
COVID-19
AT HOME
TEST KITS**

TIDELAND EMC
25831 US-264, Pantego
Mon, Weds, & Fri
8:30AM-4:00PM

AURORA TOWN HALL
295 Main St., Aurora
Monday - Friday
9:30AM-5:00PM

Contact us for more info

252-946-1902
bchoalth@bchcd.net

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<https://covid19.ncdhhs.gov/vaccines/boosters>

COVID-19 Vaccine Boosters

Update: An updated COVID-19 booster is now available for people 12 and older, two months after they finish their primary series or any booster dose. It offers the most up-to-date protection against the latest Omicron variants. Omicron is the most common form of COVID-19. [Find a booster near you.](#)

Can you get a COVID-19 booster?

Answer these questions to find out if you're eligible.

This information is not recorded or stored. This is a helpful guide but is not medical advice. Please talk to a health care provider if you have questions or concerns. Last updated September 2, 2022

[Get started](#)



Vaccines

[COVID-19 Vaccine Information](#)

[En Español](#)

[Find a Vaccine Provider](#)

[COVID-19 Vaccine Boosters](#)

[Your Vaccine Information](#)

[Frequently Asked Questions](#)

[Info For Health Care Providers](#)